People's Resource Center

PRC PULSE

October 2026

Public Benefit Application Assistance

Need help with your SNAP, Medicaid, or TANF benefits? Join us during our drop in hours for free assistance with:

- Applying for benefits
- Renewing your benefits
- Uploading requested documents
- Reporting changes to your case

PRC Wheaton: 1st and 3rd Tuesday of the Month – 9:00am – 12:00pm
PRC Westmont: 2nd & 4th Tuesday of the Month – 9:00am – 12:00pm

Questions? Call 630-682-5402 x336
or to learn more, click here!

Computer Workshops

Classes Starting in October:

Intro to Computers: Get familiar with basic hardware, learn about common computer parts, and explore the different buttons and ports you'll see on a desktop or laptop.

Windows Fundamentals: An introduction to Microsoft Windows! Moving and resizing application windows, creating files, folders and shortcuts, renaming and deleting files.

To learn more, click here!

Literacy

Interested in practicing your speaking?
Join our English Conversation Class
Offered at PRC, Partner Sites in DuPage County or via Zoom!

To learn more, click here!

Share the Spirit- Holiday Program

PRC's Holiday Program will be held on December 13th & 14th
An application is required and not all families will be selected to participate.

To learn more and register, click here

Job Support Drop- in

Get one-on -one support with resumes, interview practice and more! No appointment needed!

PRC Wheaton 211 from 9:30-11:30am
October 9th, November 13th & December 11th

Click here to learn more!

Nutrition Workshop

Learn how to build a balanced plate and make healthier food choices!
Free produce bag for all attendees!
10/22 at 12:30pm - PRC Westmont or virtual option

Learn more and register here!

Clothing Closet

Sweater Weather is here!

Fall and Winter coats & clothing are now available!

Set up an appointment at Wheaton or Westmont!

Call 630-682-5402 x 0 to schedule an appointment!

All Ages Art Workshops

PRC Wheaton 201

Zentangle Pumpkin Drawing*- Saturday 10/24 9am - 10am

PRC Westmont

Mini Acrylic Painting*- Monday 10/26 10am-11:30am

*Children 3+ must be accompanied by parent/guardian

To see the full schedule and learn how to register, Click here!

Your Voice Matters!

November 3rd is Voting day!

Check you are registered or get registered online

Find your home polling place or request to vote by mail

League of Women Voters can help you stay informed!

To learn more, click here!

AID

The Association for Individual Development's mission is to empower people with physical, developmental, intellectual and mental health challenges to enjoy lives of dignity and purpose.

Aid Offers: 24/7 Crisis Line, Outpatient services, psychiatric services, supported living & more.

To learn more, click here!

LIHEAP 2027 INCOME GUIDELINES

Program Year 2026–2027

NUMBER OF PEOPLE LIVING IN HOUSEHOLD	300% FPL 30-DAY INCOME PRIOR TO AND INCLUDING APPLICATION DATE
1	$3,990
2	$5,410
3	$6,830
4	$8,250
5	$9,670
6	$11,090
7	$12,510
8	$13,930
9	$15,350
each additional family member	*contact agency for more information*

CALL FOR AN APPOINTMENT TO APPLY .

Noncitizens may be eligible.

LIHEAP Utility Assistance

Low Income Home Energy Assistance Program (LIHEAP) has opened up! Assistance for eligible households in paying gas and/or electric bills

To apply contact:
People's Resource Center- 630-682-5402
DuPage County- 630-407-6500

Caregiver Support Group

A safe and supportive space for caregivers of aging parents, spouses and long-distance caregivers.

2nd & 4th Thursday of every month - 10am -11:30am

Downers Grove Township OR online via Zoom

Call 331-871-5537 to learn more!

NAMI DuPage Parent Series

Designed for parents and caregivers of youth 18 and under, this Parent Series provides practical tools, expert guidance, and real-world strategies to support your childs mental health and emotional well being.

To learn more, click here!

Stay in Touch with PRC!

Call 630-682-5402 or visit
www.peoplesrc.org